

Home Page

FITLOSOPHY.

You'll never find it in the dictionary, but you can find it alive and well in every Fleet Feet Sports, franchise. It's the idea that when true fit is achieved, performance follows. At Fleet Feet Sports, Fitlosophy is much more than a process or procedure, it's a way of doing business. And it's why our customers keep coming back.

We live, breathe, eat, and sleep FIT. Fitlosophy represents how Fleet Feet Sports conducts business, and our philosophy surrounding fit. A focus on fit surrounds everything we do including:

- Helping our customers find the right footwear, sports bra, and apparel fit
- Delivering community and customer service initiatives that fit with both our and our customers' core values
- Creating a store environment that fits with where our customers like to shop
- Providing an enjoyable place to work for our employees
- Achieving lifestyle 'fit' as franchisees and business owners
- Partnering with vendors to deliver product needs that fit with the needs of our customers

No Boundaries 5 K and The Next Step 10 K Training Programs

No Boundaries

Come join our fun, supportive and informative zero to 5 K beginners training group. The No Boundaries program is designed for non-runners who are striving to live fit and want to make running a part of their active lifestyle.

The Next Step

Group Runs are more fun. The Next Step is designed for runners who want to venture beyond the 5 K.

Regardless of the distance, our training programs share a common mission: We are here to help you achieve our goals. Everyone's goals are unique. It is important to us that you feel welcome, regardless of ability, experience or speed. Our racing team is named the Fleet Feet Turtles for good reason. Check out our Training Section for more information!